

2015 USAPL SSPT Invitational

Meet Date(s): 07/19/2015 To 07/19/2015

Meet Director: Matthew Gary

Location: Supreme Sports Performance & Training, Inc.

Co Director

Events: Powerlifting,

Sort By: Gender

Meet Statistics

Avg Lifts		Average Squat		Average Bench		Average Deadlift		Average Total		Biggest Lifts		Biggest Squat		Biggest Bench		Biggest Deadlift		Biggest Total	
Women	99.5	55	114.5	269	Total Women	5	Women	127.5	70	142.5	66.5								
	219.4	121.3	252.4	593				281.1	154.3	314.2	733								
Men	174.4	115.9	207.8	498.1	Total Men	8	Men	237.5	175	250	81.9								
	384.4	255.6	458.1	1098.2				523.6	385.8	551.2	1444								

	Lifter	Age	Session		WtClass	Bwt	Divisions	Events	Squat			Bench Press			Deadlift			Total	Wilks Class
			Flight	A					1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd		
Female Raw	Tran, Cynthia	27	1	A	57.0 125.7	54.2 119.5	Open	PL	80.0 kg 176.4 lb	82.5 kg 181.9 lb	85.0 kg 187.4 lb	42.5 kg 93.7 lb	47.5 kg 104.7 lb	-50.0 kg -110.2 lb	97.5 kg 214.9 lb	100.0 kg 220.5 lb	-102.5 kg -226 lb	232.5 512.6	280.65
Female Raw	Chong, Jessica	27	1	A	57.0 125.7	55 121.3	Open	PL	55.0 kg 121.3 lb	60.0 kg 132.3 lb	65.0 kg 143.3 lb	32.5 kg 71.6 lb	35.0 kg 77.2 lb	-37.5 kg -82.7 lb	60.0 kg 132.3 lb	67.5 kg 148.8 lb	75.0 kg 165.3 lb	175.0 385.8	208.83
Female Raw	Adams, Lilly	28	1	A	63.0 138.9	62.2 137.1	Open	PL	87.5 kg 192.9 lb	92.5 kg 203.9 lb	97.5 kg 214.9 lb	52.5 kg 115.7 lb	57.5 kg 126.8 lb	-60.0 kg -132.3 lb	115.0 kg 253.5 lb	120.0 kg 264.6 lb	-125.0 kg -275.6 lb	275.0 606.3	298.21
Female Raw	Matos, Suhailly	30	1	A	83.0 183.0	81.5 179.7	Open	PL	117.5 kg 259 lb	122.5 kg 270.1 lb	127.5 kg 281.1 lb	60.0 kg 132.3 lb	65.0 kg 143.3 lb	70.0 kg 154.3 lb	120.0 kg 264.6 lb	127.5 kg 281.1 lb	135.0 kg 297.6 lb	332.5 733.0	301.18
Female Raw	Purcell, Amanda	29	1	A	84.0 185.2	81.5 179.7	Open	PL	117.5 kg 259 lb	122.5 kg 270.1 lb	-127.5 kg -281.1 lb	60.0 kg 132.3 lb	-65.0 kg -143.3 lb	65.0 kg 143.3 lb	135.0 kg 297.6 lb	142.5 kg 314.2 lb	-150.0 kg -330.7 lb	330.0 727.5	298.91
Male Raw	Davidson, Scott	24	1	A	83.0 183.0	81.5 179.7	Open	PL	145.0 kg 319.7 lb	155.0 kg 341.7 lb	165.0 kg 363.8 lb	97.5 kg 214.9 lb	102.5 kg 226 lb	107.5 kg 237 lb	192.5 kg 424.4 lb	205.0 kg 451.9 lb	215.0 kg 474 lb	487.5 1074.7	329.01
Male Raw	Friedman, Brad	31	1	A	83.0 183.0	81.6 179.9	Open	PL	150.0 kg 330.7 lb	-157.5 kg -347.2 lb	-157.5 kg -347.2 lb	80.0 kg 176.4 lb	85.0 kg 187.4 lb	87.5 kg 192.9 lb	185.0 kg 407.9 lb	192.5 kg 424.4 lb	-200.0 kg -440.9 lb	430.0 948.0	289.99
Male Raw	Romero, Oscar	31	1	A	83.0 183.0	81.5 179.7	Open	PL	110.0 kg 242.5 lb	120.0 kg 264.6 lb	127.5 kg 281.1 lb	80.0 kg 176.4 lb	85.0 kg 187.4 lb	90.0 kg 198.4 lb	-155.0 kg -341.7 lb	155.0 kg 341.7 lb	167.5 kg 369.3 lb	385.0 848.8	259.84
Male Raw	Ricks, Dave	55	1	A	93.0 205.0	91.3 201.3	Open	PL	182.5 kg 402.3 lb	210.0 kg 463 lb	237.5 kg 523.6 lb	120.0 kg 264.6 lb	127.5 kg 281.1 lb	137.5 kg 303.1 lb	197.5 kg 435.4 lb	220.0 kg 485 lb	250.0 kg 551.1 lb	625.0 1377.9	396.13
Male Raw	Wicker, Aaron	24	1	A	93.0 205.0	89.4 197.1	Open	PL	170.0 kg 374.8 lb	-177.5 kg -391.3 lb	177.5 kg 391.3 lb	102.5 kg 226 lb	107.5 kg 237 lb	112.5 kg 248 lb	175.0 kg 385.8 lb	190.0 kg 418.9 lb	195.0 kg 429.9 lb	485.0 1069.2	310.69
Male Raw	Morataya, Thomas	23	1	A	93.0 205.0	92.7 204.4	Open	PL	137.5 kg 303.1 lb	145.0 kg 319.7 lb	150.0 kg 330.7 lb	92.5 kg 203.9 lb	97.5 kg 214.9 lb	102.5 kg 226 lb	167.5 kg 369.3 lb	177.5 kg 391.3 lb	187.5 kg 413.4 lb	440.0 970.0	276.85

	Lifter	Age	Session		Bwt	Divisions	Events	Squat			Bench Press			Deadlift			Total	Wilks
			Flight	WtClass				1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd		Class
Male Raw	Gease, Rob	44	1	105.0	95.3	Open	PL	145.0 kg	152.5 kg	157.5 kg	107.5 kg	115.0 kg	-117.5 kg	180.0 kg	195.0 kg	205.0 kg	477.5	296.58
			A	231.5	210.1			319.7 lb	336.2 lb	347.2 lb	237 lb	253.5 lb	-259 lb	396.8 lb	429.9 lb	451.9 lb	1052.7	
Male Raw	McCarthy, Bill	34	1	120.0	119.7	Open	PL	200.0 kg	220.0 kg	230.0 kg	150.0 kg	162.5 kg	175.0 kg	200.0 kg	225.0 kg	250.0 kg	655.0	376.82
			A	264.6	263.9			440.9 lb	485 lb	507.1 lb	330.7 lb	358.2 lb	385.8 lb	440.9 lb	496 lb	551.1 lb	1444.0	

Raw Lifts Raw lifts are done without any additional equipment except a belt and knee sleeves (which are optional).

Failed Lift Lifts with a line through are failed attempts (ex: 100.0).

Totals To post a full meet Total, the lifter must have one successful lift in each of the three lifts (squat, bench, deadlift)

Kilos Meet weights are in kilos. 1 kilo approximately equals 2.2 pounds.

Wilks The Wilks Coefficient is a formula used to determine the best lifter or lift of powerlifters of different body weights