

2008 Maryland State Powerlifting Championship

Meet Date: 11/22/2008 Meet Director: Garrett Jacks and Joshua Valiani Type: Powerlifting and Bench Only Location: US Naval Academy, Annapolis, MD

Best Women's Lifter was Ashlee Houston and Best Men's Lifter was Michael Eaton

Meet Statistics

Avg Lifts	Average Squat	Average Bench	Average Deadlift	Average Total	Biggest Lifts	Biggest Squat	Biggest Bench	Biggest Deadlift	Biggest Total
Women	92.3 kg 203.4 lbs	58 kg 127.8 lbs	123.4 kg 272.1 lbs	273.6 kg 603.3 lbs	Women	145 kg 319.7 lbs	77.5 kg 170.9 lbs	165 kg 363.8 lbs	382.5 kg 843.3 lbs
Men	177.6 kg 391.5 lbs	127.8 kg 281.9 lbs	204.4 kg 450.6 lbs	504.9 kg 1113.2 lbs	Men	265 kg 584.2 lbs	205 kg 451.9 lbs	275 kg 606.3 lbs	717.5 kg 1581.8 lbs

Full Powerlifting Results

	Lifter	WtClass	Bwt	Divisions	Squat1	Squat2	Squat3	Bench1	Bench2	Bench3	Deadlift1	Deadlift2	Deadlift3	Total	Wilks	Class
Women	Katie Lisi Navy	56.0 kg 123.5 lbs	55.3 Kg 122 Lbs	Collegiate Age 21	82.5 Kg 181.9 Lbs	87.5 Kg 192.9 Lbs	95 Kg 209.4 Lbs	55 Kg 121.3 Lbs	62.5 Kg 137.8 Lbs	62.5 Kg 137.8 Lbs	102.5 Kg 226 Lbs	107.5 Kg 237 Lbs	115 Kg 253.5 Lbs	265 Kg 584.2 Lbs	314.9	Class II
Women	Marlena Daniel Teen	56.0 kg 123.5 lbs	55 Kg 121 Lbs	Junior Age 15	77.5 Kg 170.9 Lbs	82.5 Kg 181.9 Lbs	85 Kg 187.4 Lbs	47.5 Kg 104.7 Lbs	50 Kg 110.2 Lbs	52.5 Kg 115.7 Lbs	95 Kg 209.4 Lbs	105 Kg 231.5 Lbs	112.5 Kg 248 Lbs	240 Kg 529.1 Lbs	286.39	Class III
Women	Laurel Gill Navy	56.0 kg 123.5 lbs	52.1 Kg 115 Lbs	Collegiate Age 19	65 Kg 143.3 Lbs	72.5 Kg 159.8 Lbs	72.5 Kg 159.8 Lbs	50 Kg 110.2 Lbs	57.5 Kg 126.8 Lbs	60 Kg 132.3 Lbs	75 Kg 165.3 Lbs	85 Kg 187.4 Lbs	90 Kg 198.4 Lbs	220 Kg 485 Lbs	273.86	Class IV
Women	Genevieve Harmon Navy	60.0 kg 132.3 lbs	58.4 Kg 129 Lbs	Collegiate Age 20	67.5 Kg 148.8 Lbs	77.5 Kg 170.9 Lbs	85 Kg 187.4 Lbs	42.5 Kg 93.7 Lbs	45 Kg 99.2 Lbs	47.5 Kg 104.7 Lbs	115 Kg 253.5 Lbs	125 Kg 275.6 Lbs	132.5 Kg 292.4 Lbs	250 Kg 551.2 Lbs	284.65	Class III
Women	Annamarie Kemmerer	60.0 kg 132.3 lbs	60 Kg 132 Lbs	Master Age 54	62.5 Kg 137.8 Lbs	70 Kg 154.3 Lbs	75 Kg 165.3 Lbs	47.5 Kg 104.7 Lbs	50 Kg 110.2 Lbs	52.5 Kg 115.7 Lbs	95 Kg 209.4 Lbs	100 Kg 220.5 Lbs	105 Kg 231.5 Lbs	225 Kg 496 Lbs	250.85	Class IV
Women	Ashlee Houston Navy	67.5 kg 148.8 lbs	66.3 Kg 146 Lbs	Collegiate Age 20	110 Kg 242.5 Lbs	110 Kg 242.5 Lbs	120 Kg 264.6 Lbs	70 Kg 154.3 Lbs	77.5 Kg 170.9 Lbs	85 Kg 187.4 Lbs	132.5 Kg 292.1 Lbs	147.5 Kg 325.2 Lbs	155 Kg 341.7 Lbs	352.5 Kg 777.1 Lbs	364.45	Class I
Women	Caryn Daniel	67.5 kg 148.8 lbs	66 Kg 146 Lbs	Master Age 44	105 Kg 231.5 Lbs	115 Kg 253.5 Lbs	122.5 Kg 270.4 Lbs	65 Kg 143.3 Lbs	70 Kg 154.3 Lbs	72.5 Kg 159.8 Lbs	107.5 Kg 237 Lbs	120 Kg 264.6 Lbs	132.5 Kg 292.1 Lbs	320 Kg 705.5 Lbs	331.97	Class II
Women	Beverly Crawford Teen	67.5 kg 148.8 lbs	65.3 Kg 144 Lbs	Junior Age 16	82.5 Kg 181.9 Lbs	92.5 Kg 203.9 Lbs	92.5 Kg 203.9 Lbs	52.5 Kg 115.7 Lbs	57.5 Kg 126.8 Lbs	60 Kg 132.3 Lbs	125 Kg 275.6 Lbs	135 Kg 297.6 Lbs	142.5 Kg 314.2 Lbs	295 Kg 650.4 Lbs	308.42	Class III
Women	Tina Crawford	67.5 kg 148.8 lbs	65 Kg 143 Lbs	Master Age 43	62.5 Kg 137.8 Lbs	70 Kg 154.3 Lbs	75 Kg 165.3 Lbs	40 Kg 88.2 Lbs	42.5 Kg 93.7 Lbs	45 Kg 99.2 Lbs	95 Kg 209.4 Lbs	100 Kg 220.5 Lbs	107.5 Kg 237 Lbs	225 Kg 496 Lbs	236.05	Class IV
Women	Linda Jo Belsito	82.5 kg 181.9 lbs	77 Kg 170 Lbs	Master Age 51	115 Kg 253.5 Lbs	130 Kg 286.6 Lbs	145 Kg 319.7 Lbs	62.5 Kg 137.8 Lbs	70 Kg 154.3 Lbs	72.5 Kg 159.8 Lbs	130 Kg 286.6 Lbs	150 Kg 330.7 Lbs	165 Kg 363.8 Lbs	382.5 Kg 843.3 Lbs	357.79	Class II
Women	Barbara Chaszczewicz	82.5 kg 181.9 lbs	79.8 Kg 176 Lbs	Master Age 43	65 Kg 143.3 Lbs	72.5 Kg 159.8 Lbs	77.5 Kg 170.9 Lbs	40 Kg 88.2 Lbs	42.5 Kg 93.7 Lbs	42.5 Kg 93.7 Lbs	100 Kg 220.5 Lbs	107.5 Kg 237 Lbs	115 Kg 253.5 Lbs	235 Kg 518.1 Lbs	215.33	
Men	Jeramey Anderson Teen	56.0 kg 123.5 lbs	54 Kg 119 Lbs	Junior Age 13	105 Kg 231.5 Lbs	115 Kg 253.5 Lbs	125 Kg 275.6 Lbs	60 Kg 132.3 Lbs	65 Kg 143.3 Lbs	70 Kg 154.3 Lbs	125 Kg 275.6 Lbs	137.5 Kg 303.1 Lbs	145 Kg 319.7 Lbs	335 Kg 738.5 Lbs	316.21	Class III
Men	Zane Swanger Teen	56.0 kg 123.5 lbs	52.8 Kg 116 Lbs	Junior Age 16	82.5 Kg 181.9 Lbs	87.5 Kg 192.9 Lbs	90 Kg 198.4 Lbs	52.5 Kg 115.7 Lbs	55 Kg 121.3 Lbs	57.5 Kg 126.8 Lbs	130 Kg 286.6 Lbs	137.5 Kg 303.1 Lbs	145 Kg 319.7 Lbs	275 Kg 606.3 Lbs	265.59	
Men	Josh Duran Navy	60.0 kg 132.3 lbs	60 Kg 132 Lbs	Collegiate Age 21	130 Kg 286.6 Lbs	135 Kg 297.6 Lbs	142.5 Kg 314.2 Lbs	92.5 Kg 203.9 Lbs	102.5 Kg 226 Lbs	102.5 Kg 226 Lbs	135 Kg 297.6 Lbs	140 Kg 308.6 Lbs	145 Kg 319.7 Lbs	377.5 Kg 832.2 Lbs	321.97	Class III
Men	Matthew Foxcroft	67.5 kg 148.8 lbs	66.7 Kg 147 Lbs	Junior Age 18	125 Kg 275.6 Lbs	130 Kg 286.6 Lbs	130 Kg 286.6 Lbs	70 Kg 154.3 Lbs	75 Kg 165.3 Lbs	82.5 Kg 181.9 Lbs	145 Kg 319.7 Lbs	155 Kg 341.7 Lbs	165 Kg 363.8 Lbs	377.5 Kg 832.2 Lbs	293.88	Class IV
Men	Alexander Kang	67.5 kg 148.8 lbs	64.2 Kg 142 Lbs	Open Age 24	67.5 Kg 148.8 Lbs	70 Kg 154.3 Lbs	70 Kg 154.3 Lbs	67.5 Kg 148.8 Lbs	70 Kg 154.3 Lbs	70 Kg 154.3 Lbs	185 Kg 407.9 Lbs	207.5 Kg 457.5 Lbs	212.5 Kg 468.5 Lbs	342.5 Kg 755.1 Lbs	275.2	
Men	Mark Reis Navy	75.0 kg 165.3 lbs	74.8 Kg 165 Lbs	Collegiate Age 21	182.5 Kg 402.3 Lbs	192.5 Kg 424.4 Lbs	200 Kg 440.9 Lbs	107.5 Kg 237 Lbs	110 Kg 242.5 Lbs	112.5 Kg 248 Lbs	182.5 Kg 402.3 Lbs	192.5 Kg 424.4 Lbs	210 Kg 463 Lbs	515 Kg 1135.4 Lbs	367.66	Class II
Men	Tony Brayton	75.0 kg 165.3 lbs	78.5 Kg 173 Lbs	Master Age 42	142.5 Kg 314.2 Lbs	150 Kg 330.7 Lbs	160 Kg 352.7 Lbs	97.5 Kg 215 Lbs	105 Kg 231.5 Lbs	110 Kg 242.5 Lbs	165 Kg 363.8 Lbs	177.5 Kg 391.3 Lbs	187.5 Kg 413.4 Lbs	432.5 Kg 953.5 Lbs	298.86	Class IV
Men	Jason Gordon	75.0 kg 165.3 lbs	73.3 Kg 162 Lbs	Open Age 29	125 Kg 275.6 Lbs	135 Kg 297.6 Lbs	142.5 Kg 314.2 Lbs	92.5 Kg 203.9 Lbs	102.5 Kg 226 Lbs	112.5 Kg 248 Lbs	142.5 Kg 314.2 Lbs	165 Kg 363.8 Lbs	177.5 Kg 391.3 Lbs	415 Kg 914.9 Lbs	300.54	Class IV
Men	Michael Stencler Teen	75.0 kg 165.3 lbs	66.7 Kg 147 Lbs	Junior Age 16	97.5 Kg 215 Lbs	102.5 Kg 226 Lbs	110 Kg 242.5 Lbs	102.5 Kg 226 Lbs	110 Kg 242.5 Lbs	112.5 Kg 248 Lbs	147.5 Kg 325.2 Lbs	155 Kg 341.7 Lbs	162.5 Kg 358.3 Lbs	385 Kg 848.8 Lbs	299.72	Class IV
Men	J.D. Myers Teen	75.0 kg 165.3 lbs	71 Kg 157 Lbs	Junior Age 17	105 Kg 231.5 Lbs	115 Kg 253.5 Lbs	120 Kg 264.6 Lbs	57.5 Kg 126.8 Lbs	62.5 Kg 137.8 Lbs	67.5 Kg 148.8 Lbs	112.5 Kg 248 Lbs	125 Kg 275.6 Lbs	132.5 Kg 292.1 Lbs	315 Kg 694.5 Lbs	233.54	
Men	Wil Ingram Navy	82.5 kg 181.9 lbs	81.9 Kg 181 Lbs	Collegiate Age 20	215 Kg 474 Lbs	227.5 Kg 501.6 Lbs	237.5 Kg 523.6 Lbs	170 Kg 374.8 Lbs	170 Kg 374.8 Lbs	177.5 Kg 391.3 Lbs	215 Kg 474 Lbs	230 Kg 507.1 Lbs	250 Kg 551.2 Lbs	655 Kg 1444 Lbs	440.75	Class I
Men	Mike Sichelman	82.5 kg 181.9 lbs	82.1 Kg 181 Lbs	Open Age 42	202.5 Kg 446.4 Lbs	217.5 Kg 479.5 Lbs	227.5 Kg 501.6 Lbs	112.5 Kg 248 Lbs	122.5 Kg 270.1 Lbs	132.5 Kg 292.1 Lbs	205 Kg 451.9 Lbs	220 Kg 485 Lbs	230 Kg 507.1 Lbs	590 Kg 1300.7 Lbs	396.42	Class II

	Lifter	WtClass	Bwt	Divisions	Bench1	Bench2	Bench3	Best Bench	Wilks
Men	Nicholas Huston	56.0 kg 123.5 lbs	56 Kg 123 Lbs	Junior Age 21	117.5 Kg 259 Lbs	125 Kg 275.6 Lbs	130 Kg 286.6 Lbs	125 Kg 275.6 Lbs	113.79
Men Raw	Justin Muhl	75.0 kg 165.3 lbs	74.6 Kg 164 Lbs	Open	137.5 Kg 303.1 Lbs	145 Kg 319.7 Lbs	152.5 Kg 336.2 Lbs	145 Kg 319.7 Lbs	103.7
Men	Gordon Struder	75.0 kg 165.3 lbs	73.7 Kg 162 Lbs	Master Age 51	87.5 Kg 192.9 Lbs	100 Kg 220.5 Lbs	102.5 Kg 226 Lbs	100 Kg 220.5 Lbs	72.14
Men	Dominic Ambrosano	82.5 kg 181.9 lbs	75.7 Kg 167 Lbs	Open	157.5 Kg 347.2 Lbs	162.5 Kg 358.3 Lbs	162.5 Kg 358.3 Lbs	157.5 Kg 347.2 Lbs	111.51
Men Raw	Timothy Gay	90.0 kg 198.4 lbs	89.1 Kg 196 Lbs	Open Age 33	152.5 Kg 336.2 Lbs	160 Kg 352.7 Lbs	160 Kg 352.7 Lbs	152.5 Kg 336.2 Lbs	97.86
Men Raw	Patrick Albright	90.0 kg 198.4 lbs	89.8 Kg 198 Lbs	Master Age 45	152.5 Kg 336.2 Lbs	160 Kg 352.7 Lbs	160 Kg 352.7 Lbs	152.5 Kg 336.2 Lbs	97.46
Men Raw	Andrew Cohn	100.0 kg 220.5 lbs	93.9 Kg 207 Lbs	Open Age 24	130 Kg 286.6 Lbs	137.5 Kg 303.1 Lbs	142.5 Kg 314.2 Lbs	142.5 Kg 314.2 Lbs	89.12
Men	Brian Blough	110.0 kg 242.5 lbs	107.5 Kg 237 Lbs	Master Age 59	130 Kg 286.6 Lbs	130 Kg 286.6 Lbs	130 Kg 286.6 Lbs	130 Kg 286.6 Lbs	77.06
Men	Chris Felix	125.0 kg 275.6 lbs	120.2 Kg 265 Lbs	Master Age 43	205 Kg 451.9 Lbs	222.5 Kg 490.5 Lbs	222.5 Kg 490.5 Lbs	205 Kg 451.9 Lbs	117.81
Men	Eugene Yanchurak	125.0+ kg 275.6+ lbs	126.6 Kg 279 Lbs	Master Age 47	115 Kg 253.5 Lbs	127.5 Kg 281.1 Lbs	132.5 Kg 292.4 Lbs	127.5 Kg 281.1 Lbs	72.47