

2000 Maryland State Powerlifting Championships

Meet Results to the 2000 MSPA Meet

2000 MSPA CHAMPIONSHIPS

| LIFTER | DIVISION | WT. CLASS | SQUAT | BENCH | DEADLIFT | TOTAL |
|---------------------|--------------------|----------------------------|-------|----------------------------|-------------------------|--------|
| K. Ramirez-Bermudez | Women open | 105.5 | 187 | 82.5 | 214.5 | 484 |
| S. Allison | | 132 | 324.5 | 159.5 | 363 | 848 |
| L. Highsmith | | 148 | 198 | 88 | 220 | 506 |
| M. Mc lean | | 181 | 253 | 121 | 313.5 | 687.5 |
| M. Mc lean | | Women 40-44 Masters | 181 | 253 | 121 | 313.5 |
| O. Singh | Men Masters | | 165 | 379.5 | 280.5/ | 462 |
| N. Singh | (40-44) | | | 286 4 th attemp | | |
| W. Simmons | (50-55) | 181 | 335.5 | 269.5 | 423.5 | 1029 |
| R. Pope | (45-49) | 198 | 313.5 | 275 | 451 | 1040 |
| J. Payne | (40-44) | 220 | 418 | 313.5 | 528 | 1260 |
| J. Cooke | Men Open | 242 | 242 | 275 | 418 | 936 |
| T. Pinkett | | 132 | 357.5 | 253 | 429 | 1040 |
| V. Aybar | | 148 | 143 | 390.5 | 225.5 | 759 |
| O. Singh | | 148 | 407 | 281 | 462 | 1157 |
| E. Holmes | | 165 | 379.5 | 280.5/ | 462 | 1123 |
| H. Kramer | | 165 | 600 | 286 4 th attemp | 677 | 1612 |
| L. Bermudez | | 165 | 176 | 335.5 | 225.5 | 638 |
| J. Russo | | 165 | DQ | 236.5 | | |
| V. DiLeonardi | | 181 | 478.5 | 346.5 | 572 | 1398 |
| M. DiLeonardi | | 181 | 462 | 319 | 465.5 | 1237.5 |
| B. Krawiec | | 181 | 401.5 | 308 | 412.5 | 1123 |
| J. Moshman | | 181 | 407 | 275 | 434.5 | 1117 |
| T. Reumont | | 181 | 341 | 258.5 | 462 | 1062 |
| T. Getsinger | | 198 | 484 | 368.5 | 522.5 | 1376 |
| S. Edelen | | 198 | 429 | 401.5 | 528 | 1359 |
| T. Ruzsola | | 198 | 500.5 | 324.5 | 500.5 | 1326 |
| G. Neal | | 220 | 633 | 418 | 633 | 1684 |
| W. Dougherty | | 220 | 600 | 341 | 649 | 1590 |
| L. Desi | | 220 | 511.5 | 374 | 561 | 1447 |
| R. Pope | | 220 | 429 | 368.5 | 500.5 | 1299 |
| B. Weston | | 220 | 418 | 313.5 | 528 | 1260 |
| D. Cooper | | 242 | 677 | 456.5 | 627 | 1777 |
| M. Gary | | 242 | 544.5 | 379.5 | 710/4 th 715 | 1634 |
| G. Durham | | 242 | 572 | 346.5 | 600 | 1519 |
| A. Argentiene | | 242 | 434.5 | 319 | 539 | 1293 |
| S. Vickery | | 242 | 137.5 | 203.5 | 225.5 | 566.5 |
| A. Buckingham | Men JR. | 148 | 77 | 93.5 | 159.5 | 330 |
| K. Haley | (14-15) | | | | | |
| D. Chesno | (20-23) | 165 | 324.5 | 247.5 | 401.5 | 937.5 |
| | (20-23) | 181 | DQ | | | |

| | | | | | | |
|---------------|----------------|-----|-------|-------|-------|------|
| B. Holt | (16-17) | 181 | 429 | 231 | 451 | 1112 |
| R. Panizari | (16-17) | 181 | 319 | 159 | 352 | 831 |
| K. Maday | (20-23) | 198 | 335.5 | 231 | 418 | 985 |
| A. Jaworski | (20-23) | 198 | 308 | 209 | 401.5 | 918 |
| J. Flemembarn | (18-19) | 220 | 418 | 280.5 | 506 | 1216 |
| T. Ruzala | (20-23) | 220 | 633 | 418 | 633 | 1684 |
| L. Desi | (18-19) | 220 | 429 | 368.5 | 500.5 | 1299 |
| C. Erickson | (20-23) | 275 | 462 | 319 | 517 | 1299 |
| J. Sampson | (20-23) | HWT | 633 | 401.5 | 561 | 1596 |