

2015 USAPL Terrapin Invitational

Meet Date(s): 04/18/2015 To 04/18/2015

Meet Director: Jeff Li

Location: University Of Maryland

Co Director

Events: Powerlifting,

Sort By: Gender

Meet Statistics

Avg Lifts	Average Squat	Average Bench	Average Deadlift	Average Total		Biggest Lifts	Biggest Squat	Biggest Bench	Biggest Deadlift	Biggest Total
Women	101.3	68.8	128.8	298.8	Total Women	Women	105	70	140	157.5
	223.2	151.6	283.8	658.6	2		231.5	154.3	308.6	694.4
Men	162.7	115.5	200.5	445	Total Men	Men	227.5	142.5	250	55.2
	358.7	254.5	441.9	981	11		501.5	314.2	551.2	1339.3

	Lifter	Age	Session		WtClass	Bwt	Divisions	Events	Squat			Bench Press			Deadlift			Total	Wilks Class
			Flight	A					1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd		
Female Raw	Ferrell, Sarah	20	1	A	84.0	72.3	Open	PL	87.5 kg	-97.5 kg	105.0 kg	60.0 kg	65.0 kg	70.0 kg	132.5 kg	140.0 kg	-152.5 kg	315.0	306.62
					185.2	159.5			192.9 lb	-214.9 lb	231.5 lb	132.3 lb	143.3 lb	154.3 lb	292.1 lb	308.6 lb	-336.2 lb	694.4	
Female Raw	Shade, Sydney	18	1	A	84.0	72.5	Open	PL	90.0 kg	97.5 kg	-107.5 kg	57.5 kg	62.5 kg	67.5 kg	97.5 kg	105.0 kg	117.5 kg	282.5	274.48
					185.2	159.8			198.4 lb	214.9 lb	-237 lb	126.8 lb	137.8 lb	148.8 lb	214.9 lb	231.5 lb	259 lb	622.8	
Male Raw	Levine, Louis	20	1	A	59.0	59	Open	PL	120.0 kg	127.5 kg	132.5 kg	62.5 kg	67.5 kg	-72.5 kg	125.0 kg	-130.0 kg	132.5 kg	332.5	288.01
					130.1	130.1			264.6 lb	281.1 lb	292.1 lb	137.8 lb	148.8 lb	-159.8 lb	275.6 lb	-286.6 lb	292.1 lb	733.0	
Male Raw	Girma, Dawit	20	1	A	74.0	73.15	Open	PL	182.5 kg	192.5 kg	-195.0 kg	112.5 kg	120.0 kg	-122.5 kg	-212.5 kg	-220.0 kg	220.0 kg	532.5	386.01
					163.1	161.3			402.3 lb	424.4 lb	-429.9 lb	248 lb	264.6 lb	-270.1 lb	-468.5 lb	-485 lb	485 lb	1173.9	
Male Raw	Bell, Marcus	19	1	A	83.0	81	Open	PL	215.0 kg	227.5 kg	-240.0 kg	-137.5 kg	137.5 kg	-142.5 kg	227.5 kg	242.5 kg	-245.0 kg	607.5	411.52
					183.0	178.6			474 lb	501.5 lb	-529.1 lb	-303.1 lb	303.1 lb	-314.2 lb	501.5 lb	534.6 lb	-540.1 lb	1339.3	
Male Raw	Mundt, Drew	22	1	A	83.0	80.95	Open	PL	-185.0 kg	185.0 kg	-190.0 kg	137.5 kg	142.5 kg	-150.0 kg	175.0 kg	185.0 kg	197.5 kg	525.0	358.42
					183.0	178.5			-407.9 lb	407.9 lb	-418.9 lb	303.1 lb	314.2 lb	-330.7 lb	385.8 lb	407.9 lb	435.4 lb	1157.4	
Male Raw	Desaulniers, Alec	21	1	A	83.0	80.35	Open	PL	135.0 kg	155.0 kg	157.5 kg	87.5 kg	92.5 kg	-97.5 kg	-142.5 kg	-142.5 kg	142.5 kg	392.5	267.14
					183.0	177.1			297.6 lb	341.7 lb	347.2 lb	192.9 lb	203.9 lb	-214.9 lb	-314.2 lb	-314.2 lb	314.2 lb	865.3	
Male Raw	Grable, Max	19	1	A	93.0	89.95	Open	PL	-165.0 kg	175.0 kg	-195.0 kg	105.0 kg	117.5 kg	-127.5 kg	-210.0 kg	230.0 kg	250.0 kg	542.5	348.34
					205.0	198.3			-363.8 lb	385.8 lb	-429.9 lb	231.5 lb	259 lb	-281.1 lb	-463 lb	507.1 lb	551.1 lb	1196.0	
Male Raw	Syed, Shahzein	22	1	A	93.0	85.5	Open	PL	197.5 kg	-200.0 kg	-200.0 kg	-112.5 kg	112.5 kg	127.5 kg	192.5 kg	205.0 kg	-222.5 kg	530.0	347.79
					205.0	188.5			435.4 lb	-440.9 lb	-440.9 lb	-248 lb	248 lb	281.1 lb	424.4 lb	451.9 lb	-490.5 lb	1168.4	
Male Raw	Samak, Eashan	22	1	A	93.0	89.7	Open	PL	127.5 kg	130.0 kg	135.0 kg	82.5 kg	87.5 kg	-92.5 kg	137.5 kg	142.5 kg	150.0 kg	372.5	238.21
					205.0	197.8			281.1 lb	286.6 lb	297.6 lb	181.9 lb	192.9 lb	-203.9 lb	303.1 lb	314.2 lb	330.7 lb	821.2	
Male Raw	Johns, Elee	18	1	A	105.0	101.5	Open	PL	190.0 kg	200.0 kg	-215.0 kg	137.5 kg	-145.0 kg	-145.0 kg	210.0 kg	225.0 kg	230.0 kg	567.5	343.34
					231.5	223.8			418.9 lb	440.9 lb	-474 lb	303.1 lb	-319.7 lb	-319.7 lb	463 lb	496 lb	507.1 lb	1251.1	

	Lifter	Age	Session		Bwt	Divisions	Events	Squat			Bench Press			Deadlift			Total	Wilks
			Flight	WtClass				1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd		Class
Male Raw	Zulf, Teymur	21	1 A	105.0 231.5	99.1 218.4	Open	PL	177.5 kg 391.3 lb	187.5 kg 413.4 lb	-192.5 kg -424.4 lb	87.5 kg 192.9 lb	92.5 kg 203.9 lb	97.5 kg 214.9 lb	192.5 kg 424.4 lb	202.5 kg 446.4 lb	207.5 kg 457.5 lb	492.5 1085.8	300.82
Male Raw	Syed, Shahzeib	23	1 A	120.0+ 264.6+	127.9 282	Open	PL	-217.5 kg -479.5 lb	-217.5 kg -479.5 lb	-217.5 kg -479.5 lb	142.5 kg 314.2 lb	-157.5 kg -347.2 lb	-157.5 kg -347.2 lb	205.0 kg 451.9 lb	220.0 kg 485 lb	227.5 kg 501.5 lb	0.0 0.0	0

Raw Lifts Raw lifts are done without any additional equipment except a belt and knee sleeves (which are optional).

Failed Lift Lifts with a line through are failed attempts (ex: 100.0).

Totals To post a full meet Total, the lifter must have one successful lift in each of the three lifts (squat, bench, deadlift)

Kilos Meet weights are in kilos. 1 kilo approximately equals 2.2 pounds.

Wilks The Wilks Coefficient is a formula used to determine the best lifter or lift of powerlifters of different body weights